

# Homebound Holy Communion

## HOMEBOUND COMMUNION - PROTOCOL SINCE COVID-19

### Eucharistic Ministers:

- Must be healthy – no fever – when bringing Holy Communion.
- Must wear masks at all times and bring your own hand sanitizer with you.
- Both Eucharist Minister and recipient must either wash their hands for 20 seconds or use a hand sanitizer before giving/receiving the Holy Eucharist.
- Must call the person receiving homebound Holy Communion and discuss the following **before** going to their home:
  - a) Ask if they have a fever – are they feeling well – have they been sick?
  - b) Ask if they feel comfortable with you coming to their home to give them the Holy Eucharist. If not, please inform Elaine LaFollette, Parish Minister at 315-447-8249 or email at [elafollette@syrдио.org](mailto:elafollette@syrдио.org).
  - c) Suggest that you meet them outside (If they are able) – maybe on their porch, deck, etc. – this is a safer option than in their home.
  - d) Tell them that all recipients must wear a mask.
  - e) Tell them the Holy Eucharist will be given in the hands only – no distribution on the tongue.
  - f) Tell each person when receiving the Holy Eucharist, they need to pull down their mask, put the host in their mouth, and then pull the mask back on their face after receiving the Holy Eucharist.
- All visits must be for a short period of time – **no more than 15 minutes**. If they would like to talk more than the time allotted, offer to call them on the phone at another time, if this is feasible for you.
- If you have any questions, please call or email Elaine LaFollette at 315-447-8249 or [elafollette@syrдио.org](mailto:elafollette@syrдио.org).