

Have extra time on your hands and don't know what to do?

Here are some suggestions:

- Write a cheery note to one or more of the nursing homes in our community (list is below).
- Support financially the organizations that are trying to feed the homeless (list is below).
- Remember to support local organizations that help our own community that are in need.
- Check on your neighbors.
- Go for a walk and enjoy the beauty around you.
- Call all the people you have been wanting to call but haven't had the chance.
- Pray – spend time alone with the Lord – pray with your family – pray for health care workers and first responders.
- Be aware and grateful for all you have – maintain an attitude of gratitude.
- The main Church at I.C. will be open Monday-Friday 7 a.m.-5 p.m., Saturday 8 a.m.-5 p.m. & Sunday 8 a.m.-Noon for personal prayer. Please keep a minimum distance of 6' around you from others.

We are concerned about the people who are isolated in nursing homes in our community and thought it would be a great idea to ask if you might send them a note just to let them know we are thinking about them and praying for them. Let's shower our homebound with love😊.

Below is a list of the nursing facilities around our community and the number of residents at each facility. If you feel it in your heart to send a cheery note, please sign your first name and Immaculate Conception Church, Fayetteville under your name on the inside of the note card. On the envelope, put the return address as Immaculate Conception Church, 400 Salt Springs Street, Fayetteville, NY 13066. **Address the envelope to:** A Resident at Menorah Park, i.e. **Please do not lick the envelope**, so no saliva touches the envelope. Seal the envelope with **scotch tape** and mail it to the nursing home of your choice. The nursing homes have been

contacted and are aware of the notes coming. They will distribute the cards to the residents.

Thank you for considering doing this to make a resident, who cannot have visitors at this time (including family), feel a little bit better during this challenging time.

### Nursing Homes

<u>Nursing Home</u>	<u># of Residents</u>
Menorah Park 4101 E. Genesee Street Syracuse, NY 13214	183
Brookdale Fayetteville 5125 Highbridge Street Fayetteville, NY 13066	40
Brookdale East Side 7164 E. Genesee Street Fayetteville, NY 13066	30
Brookdale Manlius 100 Flume Road Manlius, NY 13104	70
The Cottages at Garden Grove 5460 Meltzer Court Cicero, NY 13039	156
The Cunningham 700 E. Brighton Avenue Syracuse, NY 13205 Attn: Nina	580

Elderwood 4800 Bear Road Liverpool, NY 13088 Attn: Lynsey	160
Maple Downs 7220 E. Genesee Street Fayetteville, NY 13066 Attn: Management	125
The Nottingham at the Independent Living 1301 Nottingham Road Jamesville, NY 13078 Attn: Marylynn Wilson	180
The Nottingham at ALR c/o Jackie Sgroi 1303 Nottingham Road Jamesville, NY 13078	42
The Nottingham Nursing Home 1305 Nottingham Road Jamesville, NY 13078 Attn: Patty Anderson	60
Peregrine Senior Living at Onondaga Hill 4701 Peregrine Way Syracuse, NY 13215	68
Syracuse V.A. Medical Center 800 Irving Avenue, 8 <sup>th</sup> Floor Syracuse, NY 13210 Attn: Michael Close	34
St. Camillus 810 Fay Road Syracuse, NY 13219 Attn: Mary Ellen Steele	300

**Agencies Helping to feed those in need**

**Catholic Charities Men's Shelter** – 1074 S. Clinton Street, Syracuse, NY  
13202 Attn: Michael Sullivan

**Samaritan Center** – 215 North State Street, Syracuse, NY 13202

**FM Community Outreach** – 122 E. Seneca Street, Manlius, NY 13104

**Cathedral Emergency Services** – 264 East Onondaga Street, Syracuse,  
NY 13202

**In My Father's Kitchen** – 501 Hawley Avenue, Syracuse, NY 13203  
Attn: John Tumino

Prayer for a Pandemic

May we who are merely inconvenienced, remember those whose lives are at stake.

May we who have no risk factors, remember those most vulnerable.

May we who have the luxury of working from home, remember those who must choose between preserving their health or making their rent.

May we who have the flexibility to care for our children, remember those who have no options.

May we who have to cancel our trips, remember those who have no safe place to go.

May we who settled in for a quarantine at home, remember those who have no home.

As fear grips our country, let us choose love.